

KATHERINE ELLIS-HERNANDEZ, PHD

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License #PSY24263

EDUCATION

Fordham University

New York, NY

May 2009

May 2007

Ph.D. in School Psychology at the Graduate School of Education
Master of Science in Education and New York State School Psychology Certification
Specializations: Therapeutic Interventions; HIV/AIDS Education in Schools

City College of San Francisco

San Francisco, CA

Spring 2002

Non-matriculating Student: HIV/AIDS Outreach

University of California, San Diego

La Jolla, CA

Spring 2000

Non-matriculating Student - Graduate Seminar: Human Development

University of North Carolina at Wilmington

Wilmington, NC

June 1998

Bachelor of Arts, Cum Laude - Major: Psychology

EXPERIENCE

Family Health Psychology

San Diego, CA

May 2012-Present

Clinical and Reproductive Health Psychologist (PSY 24263)

Private Practice

- Provide individual, couples and family therapy
- Facilitate psychoeducational and supportive groups
- Provide consultation services regarding Third Party Family Building
- Perform psychological evaluations to determine fitness for health-related procedures and programs
- Perform psychoeducational evaluations related to educational goals

Conceptual Options, LLC

Poway, CA

May 2011-May 2012

Clinical and Reproductive Health Psychologist (PSY 24263)

Clinical Director

- Developed and supervised mental health component of agency (e.g., policies, trainings, program development).
- Provided onsite supervision and consultation to clinical post-doctorate staff.
- Developed a program to provide consultation, education and support to intended parents pursuing Third-Party Reproduction.
- Created and implemented assessment trainings for onsite staff and referring entities regarding the evaluation of candidates for Third-Party Family Building.
- Created and facilitated professional development to colleagues regarding assessment, mental health, and risk management issues.
- Administered psychological evaluations to screen candidates for surrogacy, egg donation and sperm donation.
- Provided consultation and supportive counseling to all parties of Third-Party Family Building team.

Registered Psychological Assistant (PSB 35070)

March 2010 – May 2011

Supervised by Ellen G. Stein, PhD (PSY 15085)

- Created mental health component of agency from ground up (e.g., policies, trainings, program development).
- Developed a program to provide consultation, education and support to surrogates and egg donors participating in Third-Party Reproduction.
- Facilitated monthly supportive groups for surrogates.
- Provided consultation and supportive counseling to all parties of Third Party Family Building team.
- Created an assessment battery specific to evaluating candidates of Third Party Reproduction.
- Administered psychological evaluations to screen candidates for surrogacy and egg donation.
- Provided consultation and professional development to colleagues regarding mental health and risk management issues.

Cooke Center for Learning and Development – Middle School

New York, NY

Mental Health Counselor/School Psychologist

September 2007 – August 2009

- Provided mandated group and individual counseling services to students classified with learning disabilities in 12:1:1 classrooms.
- Provided non-mandated counseling services including group, individual, and classroom-wide interventions.
- Created and implemented therapeutic curricula for classroom workshops (health, sexual education, values, and social skills).
- Designed classroom and school-wide bully prevention program focusing on positive peer interactions.
- Created multidisciplinary service plans (MSPs) and individualized behavior intervention plans based on student needs and the application of special education law and compliance.
- Administered screening assessments to identify variables affecting school achievement and/or need for additional services.
- Consulted with faculty regarding behavioral management and behavioral intervention plans for students to foster appropriate social behaviors in the school environment.
- Consulted with families to facilitate home-school connection regarding student successes and areas requiring additional support.
- Advocated for students to continue receiving interventions and accommodations during summer months when appropriate.

North Central Bronx Hospital**Clinical Internship Hours**

Bronx, NY

Psychology Extern

September 2006 – August 2007

- Performed psychiatric evaluations on children, adolescents, and adults in crisis including diagnosis, level of treatment to be delivered, and administration of therapeutic interventions.
- Provided ongoing psychotherapy in outpatient clinic.
- Completed rotation in Child and Adolescent Crisis Intervention Program where patients requiring urgent psychiatric care are evaluated, diagnosed and referred for services.
- Completed a rotation on adult inpatient psychiatric unit. Presented and participated as a member of a multidisciplinary team to determine diagnoses and recommend psychotherapy, psychopharmacological, and psychoeducational interventions. Facilitated group and individual therapy.
- Facilitated HIV/AIDS education and prevention groups on inpatient and partial hospital units.

The College Board Inc., Services for Students with Disabilities

New York, NY

Extern

September 2006 – December 2006

- Conducted reviews of disability documentation from students seeking accommodations on College Board exams, including comprehensive review and interpretation of psychological, educational, and psychiatric evaluations.
- Participated on a clinical support team that reviewed student SAT essays flagged for content to determine level and immanency of risk for intervention.

Camp Karole Day Camp

East Hampton, NY

Specialist Counselor

Summers 2005 – 2006

- Provided educational and recreational activities for children (ages three to eleven) focusing on environmental conservation, diversity, and multicultural awareness.
- Created and coordinated activities aimed at building and enhancing tolerance.

Roslyn High School and Middle School**School Internship Hours**

Roslyn, NY

School Psychology Intern

January 2006 – June 2006

- Administered psychological evaluations and assembled reports integrating the cognitive, emotional, and social factors affecting students' school achievement and personal competence.
- Presented and participated in the committee on special education (CSE) process, including the writing of individualized education programs (IEPs), and the application of special education law and compliance.
- Provided individual counseling to adolescents identified as at-risk students with such difficulties as chronic school failure, anxiety, motivational difficulties, learning disabilities, and familial stressors.
- Consulted with faculty regarding behavioral management and behavioral intervention plans for students to foster appropriate social behaviors in the school environment.
- Assisted life skills class with vocational training and social skills enhancement.
- Developed a research design to evaluate the district's HIV/AIDS education and prevention program.

Albert Einstein School of Medicine**Rose F. Kennedy Center for Childhood Rehabilitation and Evaluation**

Bronx, NY

School Psychology Clinical Practicum Student

September 2004 – June 2005

- Performed individual and group therapy with children and adolescents living with HIV/AIDS.
- Practiced various theoretical and research-based counseling approaches and modalities including, but not limited to, cognitive behavioral, play, talk, and art therapy techniques.

Roslyn High School**Counseling Center**

Roslyn, NY

School Psychology Consultation Practicum Student

January 2005 – June 2005

- Consulted and collaborated with parents, teachers and administrators to improve student behavior and academic performance in the classroom. Utilized instructional consultation and curriculum-based assessments.
- Participated in committee of special education (CSE) meetings.
- Supported students in life skills classroom during vocational training program.

School Psychology Integration Practicum Student

September 2004 – December 2004

- Administered cognitive, achievement, personality, and behavioral assessments as part of psychoeducational evaluations.
- Created psychoeducational reports reviewing individual cognitive functioning and provided recommendations for either the continuation or cessation of services in future IEPs.
- Participated in classroom observations, out-of-district observations and meetings, parent conferences, and CSE meetings.

Fordham University

New York, NY

Center for Non-Public Education

September 2003 – May 2004

Graduate Assistant

- Assisted with the daily operations of education, research, and service programs supporting individuals and institutions in the non-public education sector.
- Arranged workshops, international institutes, and conferences for practicing administrators and students in educational leadership.
- Collected, processed, and awarded scholarships to graduate students in the School of Education.

Rosa A. Hagin School Consultation and Early Childhood Center

September 2002 – May 2003

Graduate Assistant

- Conducted initial screenings of potential clients seeking assessment, consultation and tutoring.
- Assisted with the daily operations of a multi-service community center that specializes in the assessment and screening of cognitive, achievement, behavioral, and personality functioning.

*Division of School Psychology**Graduate Assistant*

September 2002 – May 2003

- Coordinated fall 2003 admissions for incoming school psychology graduate students.
- Served as teacher's assistant for *Role and Function of the School Psychologist* graduate level course.
- Served as a research assistant collecting background literature for a study on reading motivation.

Hamilton Family Emergency Center

San Francisco, CA

Crisis Team Coordinator for Homeless Families

March 2001 – April 2002

- Provided crisis intervention to families through counseling, vocational training, and assistance in obtaining support services.
- Responsible for the management, training, and professional development of crisis team, residential counselors, and SF Unified School District tutor.
- Coordinated volunteer groups, family activities, and therapeutic/support groups (HIV/AIDS Education; Talking to Your Children About Sexuality; The Emotional Well-being of Your Child).

Miller Place School District

Miller Place, NY

Special Education Substitute Aide

January 2001 – February 2001

- Assisted special education students during standardized test administration.
- Provided test accommodations according to IEP requirements (reading, writing, interpretation/repetition of instructions).

New Alternatives, Inc.

Short-term 12 Adolescent Unit

Chula Vista, CA

Supervisor in Residential Facility for SED Adolescents

February 1999 – December 2000

- Provided direct care and supervision to residents using behavior modification, mediation, and crisis intervention (specifically relating to assault, suicidal ideations/gestures/attempts, and AWOL attempts).
- Developed and facilitated nightly activities including educational groups, arts/crafts, physical recreation, and multicultural activities aimed at promoting tolerance and respect for others.
- Facilitated staff meetings and training activities.

Maryhaven Continuing Day Treatment Center

Riverhead, NY

Psych-Rehab Therapist for Adults with Psychiatric Disabilities

March 1998 - February 1999

- Therapist for mentally disabled adults dually diagnosed with a mental illnesses (primarily psychotic disorders, personality disorders, and depressive disorders).
- Supervised and trained consumers.
- Facilitated daily modules aimed at enhancing and enabling independence within one's life (vocational training, pet therapy, aroma therapy, art therapy, environmental awareness, and HIV/AIDS education groups).
- Developed and implemented quarterly treatment plans.

Planned Parenthood of Wilmington

Parents-As-Teachers Parenting Program

Wilmington, NC

Student Intern

August 1997 – December 1997

- Organized educational and recreational events for adolescent parents and their children.
- Developed educational book list for program.
- Recruited parents and volunteers for program.

West Glamorgan Housing Consortium

Swansea, Wales, UK

Clinical Intern

January 1997 – May 1997

- Served on interdisciplinary team moving mentally disabled adults from institutional care to community housing.
- Participated in home visits and staff trainings.

RESEARCH ACTIVITIES

Dissertation Seminar

Fordham University

September 2006 – May 2009

Examined condom self-efficacy, HIV knowledge and understanding, perceived peer sexual behavior, and condom use among sexually active adolescents in a district with a condom availability program.

Residency Seminar

Fordham University

September 2004 – May 2006

Explored differences in the risk behaviors and beliefs of HIV positive and negative adolescents in the Bronx.

Research Seminar

Fordham University

January 2004 – May 2004

Assisted professor in developing a study to track the progress of autistic students in a structured learning environment.

Social Psychology Research Project

Fordham University

September 2003 – December 2003

Gathered surveys from adolescents in NYC to measure the relationship between attitudes, knowledge, and degree of contact with HIV/AIDS. Adolescent sample was then compared to an adult sample gathered by another researcher.

Research Assistant

Fordham University

September 2002 – September 2003

Assisted two professors with research (reading motivation and study skills strategies).

Research Assistant

University of North Carolina at Wilmington

August 1996 – December 1996

Directed individual study; assisted professor with a study investigating the hormonal levels of children in relation to development of cognitive skills; administered assessments to prepubescent and pubescent middle school students; gathered saliva samples from subjects in order to examine hormonal levels.

Child Psychology Research Project

University of North Carolina at Wilmington

September 1995 – November 1995

Tutored 8 year-old boy suffering from ADHD-hyperactive type and tracked academic progress over a 2-month period.

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA), Member (2002 – Present).

APA Division 38: Health Psychology, Member (2012-Present).

San Diego Psychological Association (SDPA), Member (2010-Present).

American Society of Reproductive Medicine (ASRM), Member (2010-Present).

Mental Health Practitioner's Group (MHPG) of ASRM, Member (2010-Present).

Student Affiliates of School Psychology (SASP), President (Spring 2002-2004); Member (Fall 2002 – May 2009).

Student Advisory Council (SAC), Division of Psychological and Educational Services at Fordham University. President (Fall 2003).

Project Safe Club. AIDS/HIV Outreach Group, City College of SF chapter Secretary (Spring 2002).

Homeless Education Council. San Francisco Unified School District, advocacy group member (2000 – 2002 academic years).

Psi Chi. Psychology National Honors Society, Member (August 1994 – May 1998).